



Virginia Beach  
Photography Club  
P.O. Box 68894  
Virginia Beach, VA 23471  
[www.vbpc.org](http://www.vbpc.org)

*Please note:*  
**There will not be a meeting on the first Tuesday in July due to the July 4<sup>th</sup> holiday. The regular meeting will be held on the third Tuesday, July 17<sup>th</sup>.**



The Virginia Beach  
Photography Club  
is a member club of the  
Photographic Society  
of America

# THE CABLE RELEASE

July 2007 ~ Volume 4, Issue 7

Monthly Newsletter of the Virginia Beach Photography Club

## *President's Corner*

*My first efforts in photography were, to be blunt, somewhat clunky. They were crude and unrefined. When I started out back in high school, I was using my father's old Kodak Retina IIIc rangefinder camera, and a LOT of Tri-X and Plus-X b&w film. Anyway, they were badly printed, sometimes poorly cropped, mostly gray, had lots of grain...in other words, just plain ugly. Their only redeeming virtue was that I did not sufficiently wash the prints, and most of them now have faded, or better yet, completely disappeared!*

*Looking back at the remaining old prints (and yes, I still have the negatives!), one of the most obvious flaws that I see is that they were entirely random. No real thought put into the print...just click away and hope I caught something good. And that worked...once in awhile. But I wasted a lot of film, paper and chemicals, not to mention time. Times have changed. The digital revolution has eliminated the darkroom, and if we are using archival paper and manufacturers inks, the prints we make now will last well beyond our lives. So, perhaps we should pay more attention to what we shoot? After all, these prints will probably be around to haunt us for a very long time!*

*What is my point? Well, I learned something over the years – shoot with a purpose. When you go out shooting for the day, plan ahead...what are you trying to say with your photograph? What do you want your audience to see? Sure, we all get some great*



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## NEXT MEETING

**Tuesday, July 17th, 7:30 pm**

Competition begins at 7:15 pm  
at the

**Community United Methodist Church**

1072 Old Kempsville Rd., Virginia Beach, VA 23464

## *President's Corner continued...*

*random shots, especially in active places like the oceanfront or at festivals. But what was your actual plan for the day? Did you have one, or was it a day to go out and "...see what I can find?"*

*Every other month, the Club competition is centered around a theme. Use that concept. A theme. Are the lights coming on yet? Take a day that you are planning to shoot on, and make a plan - if the Zoo, for example, why not a study of the lions or elephants? Or perhaps the eagles or meercats? How do you want to portray them...as if they are in their natural habitat, or do you want to show their captivity?*

*I believe you will find yourselves thinking more about your shots before you head out, and with that plan, you will begin to visualize more and ultimately, end up with better photographs.*

*Happy Shooting!*

Tom McElvy, VBPC President  
757-498-9882 (home) • 757-286-6859 (cell)  
tom@imagesbytom.com

**Please remember to update your e-mail address to Tom  
so you do not miss out on any important club announcements sent via e-mail!**

## COMPETITION WINNERS JUNE 2007 MEETING

### Color Prints

- 1<sup>st</sup> "Splash Landing" by Herman Ratcliffe
- 2<sup>nd</sup> "Canoe Ride" by Judy Wymore
- 3<sup>rd</sup> "Frog Breath" by Bridgette Banks-Lee
- HM "Lunch on the Run" by Betrice Hovey

### Alternative/Digitally Altered

- 1<sup>st</sup> "Star Gazing" by Flo Womacks
- 2<sup>nd</sup> "Fishing" by Herman Ratcliffe
- 3<sup>rd</sup> "Bicycle in Yellow" by Judy Wymore

### Black & White Prints

- 1<sup>st</sup> "Dancer" by Judy Wymore
- 2<sup>nd</sup> "Departure" by Elyse Cardon
- 3<sup>rd</sup> "Sprinkler in the Mist" by Jerry Wymore

### Slides

- 1<sup>st</sup> "AMWAY on the Go" by Calvin Taylor
- 2<sup>nd</sup> "STOPP!!!" by Michael Geller
- 3<sup>rd</sup> "Damsel Flight" by Bert Crapo

*See one of the winning photos on page 3.*

## 2007 Competition Categories



August ~ Neon Signs  
September ~ Open  
October ~ Abandoned

November ~ Open  
December ~ Autumn Glory

*Competition rules are available on our web site at [www.vbpc.org](http://www.vbpc.org)*

# ~SPECIAL EVENTS~

## July 2007

*Mark Your  
Calendar!*

**Tuesday, July 17th  
Membership Meeting  
7:30 pm**

Our regular meeting will be held on the 17th. There will be NO meeting on the 3rd.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 <i>NO Meeting</i>	4	5	6	7
8	9	10	11	12	13	14
15	16	17 <i>Membership Meeting</i>	18	19 <i>Board Meeting</i>	20	21
22	23	24	25	26	27	28
29	30	31				

*Don't forget about those 4th of July fireworks  
for capturing special night photos!*

*Photoshop CS3  
Power Tour*

Featuring Dave Cross

**Friday, July 20, 2007  
at the Virginia Beach  
Convention Center**

One-day seminar cost \$79  
for NAPP members  
or \$99 for non-members.

*For more details:*

[www.photoshopseminars.com](http://www.photoshopseminars.com)



*"Star Trails"*

© Flo Womacks

# BARRIERS TO SEEING PHOTOGRAPHICALLY

By Don Maccubbin

In our discussions of barriers to learning to see photographically, we have learned about five different mindsets: the conformist, the follower, the dominator, the resister and the dodger. We know more than one barrier can exist at any one time and we also know these barriers can be identified if we are honest with ourselves. Dedicated individual effort can help us overcome any of these barriers when they creep into our approach to photography. No doubt there are those of you who have been telling yourselves, as you read these articles, that you have been photographing for so many years, you use only the latest and best equipment, all helping you to win so many club print competitions, that none of these barriers could possibly apply to you. Denial can be comforting. Awareness achieved honestly can lead to worthwhile improvements in most endeavors.

## Barriers Part Six – The Labeler

Examining ourselves and determining if we have a labeler mindset can be difficult because

this “categorizing” (labeling) of the elements of our world happens to us subtly and naturally. We all can, at times, categorize the objects we encounter without being aware of what we are doing. Applying labels allows us to conveniently avoid developing a meaningful awareness of or experience with our potential subjects. And we are more comfortable labeling and avoiding than we are confronting and embracing. While those with the dodger mindset of Part Five brush aside experiencing their world on purpose (by design), the labeler’s barrier is revealed when we say, “Yes, that person has an interesting face but I’m not really into photographing people.” When this happens, our potential subject has been recognized and labeled as a person and our labeler’s excuse creates a barrier to further exploration of this type of photography and the many expressions that interesting face might display for our capture. Not only can labeling be a barrier, the very process of passing everything through our labeling “filters” creates a barrier to accepting that which is new to our experience. Are

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## Treasurer’s Report

May 17, 2007	Opening Balance	\$2,524.33
<b>Deposits</b>	Dues	\$111.00
	50/50 Raffle	\$14.00
	Workshop	<u>\$50.00</u>
	Total:	\$175.00
<b>Expenses</b>	Lane Workshop	\$ 500.00
	Postage/Copies	<u>\$15.28</u>
	Total:	\$515.28
June 15, 2007	<b>Balance</b>	<b>\$2,184.05</b>

## UPCOMING PSA EVENTS

### PSA 2007 International Conference of Photography

September 2-8, 2007~ Marriott Starr Pass  
Resort & Spa, Tucson, AZ

*\*You do not have to be a PSA member to attend.*

### PSA Adventure Series Mexico Cruise

October 11-21, 2007 ~ Cruise departs from  
San Diego, CA

*Visit [www.psa-photo.org](http://www.psa-photo.org) if you are interested in becoming a member of the Photographic Society of America.*

# BARRIERS TO SEEING PHOTOGRAPHICALLY

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you busy labeling things around you and therefore missing opportunities for producing creative and exceptional photographs because you are not really seeing what exists in your world?

## Barriers Part Seven – The Realist

The realist mindset is similar to that of the labeler. Instead of tagging something with descriptive words (labels) however, the realist separates (categorizes) what is known from that which is not known. Anything that is vague and has not been comfortably and successfully experienced is avoided in favor of the refuge the familiar provides. There is safety when we are doing those things we can do well. If the realist avoids opportunities by placing them in his unknown or to be feared category, then personal growth in new areas of photography usually does not occur. When

we allow the realist mindset to creep in, we are forgetting that, at one point in our lives, everything was new and unknown. And we managed the unknown sometimes with the help of others (parents, teachers, siblings, etc.). After we became adults, we should have learned by now that we can survive new experiences on our own using common sense, effort and our imagination. So you now say that avoiding the unknown is something only done by folks of advanced age. Not so. We decide to accept or reject new ideas or techniques not based on our age but on our tolerance for and comfort with the unknown. Do you consider new photographic equipment and processes a threat or a challenge? Are you combining the realist mindset with any of the others we have discussed so far? You will benefit most when you are honest with yourself.

## *Photography Exhibits*

### **Children of the Gardens**

**Judy & Jerry Wymore** and **Joan Grippo** have photos displayed  
at the Norfolk Botanical Gardens ~ *Through July*

### **Picture Perfect**

Stage Door Gallery, 10 Strawberry St., Cape Charles ~ *Through July 15*

### **Stardust – The Photography of Jean-Christian Bourcart**

Chrysler Museum of Art, 245 W. Olney Rd., Norfolk ~ *Through August 5*

### **Photomontage and Mixed Media** by Tess LiVolsi Amoruso

The Green Onion, 1603 Colley Ave., Norfolk ~ *Through September*

*Congratulations Van White*  
for your photograph published in the Co-Pilot!

## *Eligible Photographs for Photography of the Year 2007*

*All first place photographs in each category from January 2007 to December 2007  
are eligible for the Photograph of the Year competition.*

*The winning photographer will be honored at the Annual Banquet!*

<b><u>2007</u></b>	<b><i>Color</i></b>	<b><i>Black &amp; White</i></b>	<b><i>Alternative</i></b>	<b><i>Slides</i></b>
<b><i>January</i></b> <i>(Open)</i>	<i>"Lobster Gear"</i> Chuck Schlichter	<i>"The Couples"</i> Adrian Felton	<i>"Mother &amp; Daughter"</i> Tom McElvy	<i>"Colorful Plumage"</i> Tom Jenson
<b><i>February</i></b> <i>(Night Photography)</i>	<i>"Tower"</i> Skip Morrow	<i>"Gotham"</i> Skip Morrow	<i>"Norfolk Sunrise"</i> Skip Morrow	<i>"Repairing Our Government"</i> Pam Jenkins
<b><i>March</i></b> <i>(Open)</i>	<i>"Graceful"</i> Flo Womacks	<i>"Water's Edge"</i> Chuck Schlichter	<i>"Gina"</i> Bridgette Lee	<i>"Ghost Town Saloon"</i> Pam Jenkins
<b><i>April</i></b> <i>(From a Different Point of View)</i>	<i>"Yum!"</i> Joan Grippo	<i>"Tea for Two"</i> Michael Geller	<i>"Spiral Staircase"</i> Jennifer Wheeler	<i>"Hide and Seek"</i> Pam Jenkins
<b><i>May</i></b> <i>(Open)</i>	<i>"Oak Globe"</i> Linda Duchaine	<i>"Untitled #1"</i> Morgan Smith	<i>"Sunset Silhouette"</i> Stephen Kinstler	<i>"Preening Parrot"</i> Tom Jenson
<b><i>June</i></b> <i>(Motion)</i>	<i>"Splash Landing"</i> Herman Ratcliffe	<i>"Dancer"</i> Judy Wymore	<i>"Star Gazing"</i> Flo Womacks	<i>"AMWAY on the Go"</i> Calvin Taylor
<b><i>July</i></b> <i>(Open)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?
<b><i>August</i></b> <i>(Neon Signs)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?
<b><i>September</i></b> <i>(Open)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?
<b><i>October</i></b> <i>(Abandoned)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?
<b><i>November</i></b> <i>(Open)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?
<b><i>December</i></b> <i>(Autumn Glory)</i>	Who will it be?	Who will it be?	Who will it be?	Who will it be?



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## *Virginia Beach Photography Club Mission Statement*

### *2007 Club Officers*

#### *President*

Tom McElvy (757) 498-9882

#### *Vice President & Secretary*

Linda Duchaine (757) 408-0303

#### *Treasurer*

Pam Jenkins (757) 583-4113

### *Committee Chairpersons*

#### *Competition*

Flo Womacks

#### *Membership*

Michael Geller (757) 499-6996

#### *Newsletter*

Jennifer Wheeler (757) 217-7179

#### *Special Events*

Joan Grippo (757) 721-6132

#### *Webmaster*

Michael Epting (757) 337-0504

**T**he Virginia Beach Photography Club explores the connection between the eye, the camera and the spirit by fostering and encouraging growth of artistic vision and technical knowledge.

The Club provides an informal, friendly and supportive environment for photographers at all levels and with interest in all types of photographic imagery.

The Club offers a means for members to share ideas and knowledge with each other and promotes photography through its meetings, educational activities, exhibitions and public events.

The club activities offer a means to share ideas and knowledge through monthly meetings, guest speakers, member participation, monthly competition, critiquing of work and technique, field trips, and public photographic activities and projects that kindle growth and friendships through artistic vision of photographic imagery.

**All members are encouraged to submit  
articles or photographs for the newsletters.**

*It's a great way to show off your work!*

Please send your submissions via e-mail to [artistjen@cox.net](mailto:artistjen@cox.net) or submit at a club meeting. Electronic submissions should be in plain text format, Word document or in the body of the e-mail. Photographs can be sent as jpg at 150 dpi or less. Please include the title of the photograph as well. Please submit all items by the 15th of each month.

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